

The Commonwealth of Massachusetts has recently instituted a program to assist people from age 45 to 60 in their retirement planning. This program is called EMBRACE YOUR FUTURE., Planning for Long-Term Living. It gives lots of very practical details about retirement.

There are free planning materials available to start you in retirement planning and we would be glad to send you a brochure to get you started. You can e-mail with your name and address to [CRW@crwelderservices.org](mailto:CRW@crwelderservices.org) or call 617-884-2500 ext 106.

We also have a booklet full of activities for men in retirement, called “What Will You Do all Day”. Just ask for it. Both of these items are free.

With some planning your retirement will be a satisfying time of life.